



**choose
you**

Live above
the influence.

**“I choose to live my best life.
I choose to live substance free.”**

Cameron S. > Waverly, Nebraska

See Cameron's story and find resources to help you live substance free at: dhhs.ne.gov/chooseyou



NEBRASKA
Good. Life. Great Missions.
DEPT. OF HEALTH AND HUMAN SERVICES



**choose
you**

Live above
the influence.

**"I choose to keep myself healthy and fit.
I choose to live substance free."**

Arleth R. > Norfolk, Nebraska

See Arleth's story and find resources to help you live substance free at: dhhs.ne.gov/chooseyou



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